

FOUNDED 1988

exportise

ENGLISH THROUGH SPORT



ENGLISH THROUGH SPORT, MUSIC & DANCE

RESIDENTIAL COURSES FOR 9-17 YEAR OLDS IN THE UK

SUMMER 2019

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**TELL ME AND I FORGET.
TEACH ME AND I REMEMBER.
INVOLVE ME AND I LEARN.**



Welcome to Exsportise

If you are looking for a memorable and rewarding experience for your child, look no further than Exsportise.

At Exsportise we offer an English Academy Plus programme which combines English tuition with a chosen Specialist Option of either a sport, music or dance.

Students receive three hours of English lessons and three hours of specialist coaching or tuition in their Specialist Option every week day.

English THROUGH

By providing the opportunity for students to practise their spoken English whilst doing something that they love, we provide an environment where students improve not only their language confidence, but also their skills in their chosen Specialist Option.

Exsportise has been running camps since 1988 and we know that what we offer really works!

We provide a caring, fun, friendly, safe and secure environment. As a residential camp, all our staff live on site, and we offer one of the best staff to student ratios available.

Our goal is to ensure that all students leave Exsportise with improved language confidence, motivation to participate in their Specialist Option, with friendships and memories that will last a lifetime.

“

At Exsportise, we believe that if you offer children the opportunity to practise their English whilst doing something that they really love, alongside children sharing a common interest, they will naturally improve their English language confidence and skills.

BRAM VAN ASSELT,
FOUNDER & MANAGING DIRECTOR

”



“

Many of our students come back year after year and most of our customers come through personal recommendations.

”

A Typical Day



Sample only and may vary depending on venue.

*Timings of breaks are at the discretion of the individual teachers / coaches.

Why Exsportise?

Exsportise combines English Language tuition plus Specialist Options with high levels of staff supervision.

DUAL APPROACH

Exsportise offers students the opportunity to pursue a passion or interest and use it to improve their English language skills. By being able to do something which they really enjoy with other children with a common interest, they will naturally use and practise their spoken English. By doing so in a relaxed and engaging environment, they won't even notice that they are learning English!

MULTI NATIONAL ENVIRONMENT

We provide a truly multinational environment with children from approximately 65 different countries attending our camps each year. We watch friendships grow through mutual interests. The children eat, learn, train and grow together.

SMALL CLASS SIZES

We offer an optimal level of staffing for all of our activities with an average English Language class size of 10 students and a maximum of 14 students.

HIGH LEVELS OF STAFF SUPERVISION

Exsportise offers one of the best staff to student ratios available. We employ qualified coaches, tutors and teachers many of whom return year after year to create continuity and quality of care. All of our staff live on site and include House Parents, Welfare Staff, Medical Officers, Lifeguards and a professional coaching and teaching staff, overseen by a Centre Manager.

ACCREDITED BY



In our most recent inspection by the British Council we were awarded 8 strengths making us an *English Language Gazette Centre of Excellence* and placing us within the top 20% of language schools in the UK.



FOUNDED 1988

exsportise

30 years
of experience

COURSES INCLUDE

- Small class and group sizes with optimal levels of staffing - average English class size 10
- Three hours of English language tuition each week day
- Three hours of professional coaching or tuition in one Specialist Option each week day
- Separate sleeping accommodation for boys and girls
- Shared rooms or dormitory accommodation (some single rooms)
- A comprehensive evening entertainment programme
- Use of high quality leisure facilities including swimming pool
- Three nutritious buffet style meals per day or packed lunches for excursions*
- Two full day excursions per weekend**
- An Exsportise t-shirt and drinking bottle

* Special diets can be catered for by prior arrangement - see page 37 for a sample menu.
** For stays of two weeks or longer.



**15 HOURS
ENGLISH
TUITION**
per week



**15 HOURS
SPECIALIST
OPTION**
per week

**English
THROUGH**

Overall staff to
student ratio

1:4



Average English
class size

10



House Parents &
Welfare Staff oversee

STUDENT WELL-BEING



all staff live
on site



on site medical
officers



all staff police
checked



all staff child
protection trained



high quality
venues



ACCOMPANIED TRAVEL
from and to international airports
& train station



65+
nationalities

Accredited by the
**BRITISH
COUNCIL**
for the teaching
of English

ELgazette
CENTRE OF EXCELLENCE 2015
BASED ON BRITISH COUNCIL, PROTECTOR'S PLAYABLE STRATEGIES

**YOUNG
LEARNERS
ENGLISHUK**

ENGLISHUK
member



Venues

Exsportise offers fully residential courses at four venues in the UK. All offer comfortable accommodation, on-site sports and language facilities, extensive recreational space, swimming pools (not at Worth) and healthy and nutritious meals.



Oundle

SENIOR CENTRE

DATES: 30 June - 3 August 2019 | **AGES:** 11-17 years

Oundle is located in the heart of the beautiful market town of Oundle near Peterborough.

Oundle offers excellent facilities for sports, extensive playing fields and two sports halls. There are also several floodlit astroturf pitches, tennis courts and an indoor swimming pool. All sports facilities are on site except for horse riding which is held at a specialist stable nearby.

Oundle also offers a modern language centre and contemporary, comfortable accommodation.

ACCOMMODATION/FACILITIES		
	YES	NO
Shared Rooms	✓	
Dormitories	✓	
Single Rooms		✓
Swimming Pool	✓	
Sports Hall	✓	
Shared Bathroom Facilities	✓	
Wi-Fi	✓	
Maximum number of students per week	160	

SPECIALIST OPTIONS



“

My daughter just returned from her two week stay in Oundle and she is still over the moon with joy and talks of nothing else: she had such a fantastic time!!!

”

MARIA, MOTHER OF INES, SPAIN



Clayesmore

JUNIOR CENTRE

DATES: 7 July - 27 July 2019 | **AGES:** 9-14 years

Clayesmore is located in the picturesque village of Iwerne Minster in the South West of England.

Clayesmore offers an intimate environment and provides a relaxed and friendly atmosphere. It is the only centre where we accommodate 9 year olds.

All Specialist Options take place on site apart from horse riding which is held at a specialist stable off site. Modern English language facilities provide a pleasant environment for students to learn in. Tennis courts and soccer pitches, a theatre and a sports hall are all available, as well as an indoor swimming pool.

ACCOMMODATION/FACILITIES		
	YES	NO
Shared Rooms	✓	
Dormitories	✓	
Single Rooms		✓
Swimming Pool	✓	
Sports Hall	✓	
Shared Bathroom Facilities	✓	
Wi-Fi	✓	
Maximum number of students per week	120	

SPECIALIST OPTIONS



**15 HOURS OF
MULTI ACTIVITIES**
per week

Multi Activity - For those youngsters who are not yet ready to specialise in a single activity all week. They will be introduced to different sport/activity each day.



“

Thank you so much for caring, teaching and entertaining my son Kilian! He had a wonderful week in your camp and enjoyed it very, very much. What an experience for a twelve-year-old boy.

JUTTA, MOTHER OF KILIAN, AUSTRIA

”



Seaford

DATES: 7 July - 17 August 2019 | **AGES:** 10-16 years

Located in the heart of the Sussex countryside, Seaford College offers extensive facilities in a beautiful and secure location.

Seaford has five boarding houses, as well as a dedicated music studio, and high tech language facilities.

It is also equipped with tennis courts, soccer and hockey pitches and its very own 9-hole golf course. There is a newly refurbished swimming pool and sport centre on-site. It is the only centre where we offer golf.

ACCOMMODATION/FACILITIES		
	YES	NO
Shared Rooms	✓	
Dormitories	✓	
Single Rooms	✓	
Swimming Pool	✓	
Sports Hall	✓	
Shared Bathroom Facilities	✓	
Wi-Fi	✓	
Maximum number of students per week	170	

SPECIALIST OPTIONS



“

Paula told me that she had a great time at Seaford College, including learning, playing hockey and also during the free time. Everything was organised very well!!!

ANJA, MOTHER OF PAULA, SWITZERLAND

”



Worth

DATES: 7 July - 10 August 2019 | **AGES:** 10-16 years

Worth is one of the great historic schools of England and among the most beautiful.

The school is situated in 500 acres of beautiful Sussex countryside, within the grounds of Worth Abbey.

Located in the High Weald Area of Outstanding Natural Beauty, Worth has housed the Benedictine School since the early 1930s. It is within easy reach of London and Brighton and only 15 minutes from Gatwick Airport. With exceptional facilities and boarding houses which have won architectural design awards, it provides a wonderful, safe environment for our students to experience and enjoy.

Facilities soccer pitches, an artificial pitch, hard tennis courts, golf course, sports hall theatre, music rooms and dance studio. The horse riding stables are a short drive away.

ACCOMMODATION/FACILITIES		
	YES	NO
Shared Rooms	✓	
Dormitories	✓	
Single Rooms		✓
Swimming Pool		✓
Sports Hall	✓	
Shared Bathroom Facilities	✓	
Wi-Fi	✓	
Maximum number of students per week	170	

SPECIALIST OPTIONS

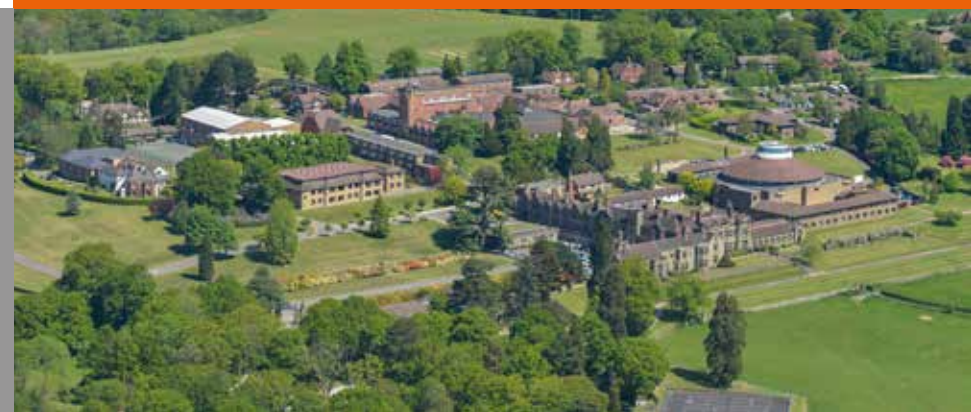


“

These two weeks were brilliant. The best two weeks I've ever had in my life. When I was going to this camp, I knew that it's gonna be a great time but it was better than I expected.

PIERRE, STUDENT, BELGIUM

”



Locations



CLAYESMORE

POSTCODE FOR SAT NAV: DT11 8LL

NEAREST TOWNS:

Blandford Forum: 12 km
Bournemouth: 42 km
Bath: 61 km

DISTANCE FROM:

✈ London Heathrow:
160 km - 2 hrs 30 mins
✈ London Gatwick:
200 km - 2 hrs 30 mins
🚅 Eurostar London:
190 km - 3 hrs

OUNDE

POSTCODE FOR SAT NAV: PE8 4AQ

NEAREST TOWNS:

Peterborough: 24 km
Cambridge: 63 km
Birmingham: 116 km

DISTANCE FROM:

✈ London Heathrow:
160 km - 2hrs 15 mins
✈ London Stansted:
105 km - 1 hr 30 mins
🚅 Eurostar London:
140 km - 2 hrs 15 mins

SEAFORD

POSTCODE FOR SAT NAV: GU28 ONB

NEAREST TOWNS:

Chichester: 20 km
Portsmouth: 50 km
Brighton: 65 km

DISTANCE FROM:

✈ London Heathrow:
75 km - 1 hr 30 mins
✈ London Gatwick:
55 km - 1 hr 15 mins
🚅 Eurostar London:
95 km - 2 hrs 20 mins

WORTH

POSTCODE FOR SAT NAV: RH10 4SD

NEAREST TOWNS:

Guildford: 60 km
London: 75 km
Brighton: 36 km

DISTANCE FROM:

✈ London Heathrow:
77 km - 1 hr 30 mins
✈ London Gatwick:
12 km - 25 mins
🚅 Eurostar London:
110 km - 2 hrs 15 mins

> OUR OBJECTIVE IS....

to provide real English language development through a structured and engaging programme aimed at building language proficiency and confidence.



English at Exsportise

Our English language programme is designed to provide students with the tools to improve their everyday use of spoken English.

DAILY TUITION & SMALL CLASSES

Students will receive three hours of English tuition each week day. Our class sizes are small, with an average of 10 students per class. Each morning or afternoon will consist of 4 x 45 minute lessons with a 15 minute break in between lessons 2 and 3.

PRACTICAL USE

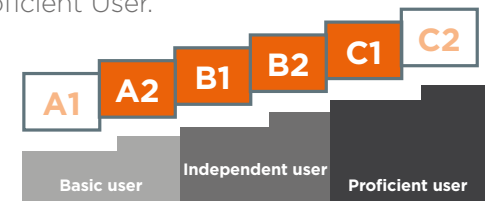
Students will have many opportunities to put into practice what they have learned in class through their Specialist Option and by spending time with other nationalities throughout camp. All of our activities are conducted in English and our multinational environment means that students will primarily communicate in English throughout their stay.

PLACEMENT TEST

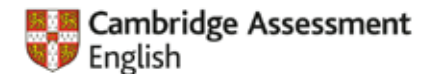
Students will be placed in appropriate level groups for maximum learning outcome. They will be encouraged to do an online placement test before arriving at camp, or can complete one when they arrive. During their first English lesson students will undergo a short spoken test. Under the Common European Framework we offer levels A2 to C1 which covers the Basic to the Proficient User.

Students will need at least one year of English tuition before joining the course.

English levels: Elementary to Advanced



OPTIONAL EXTRA



Students are offered the opportunity to sit the Cambridge Assessment English Linguaskill reading and listening test (60 - 75 mins) which distinguishes between language levels A1 - C1+. Students receive a score on the Cambridge Scale for each of the language skills and a Common European Framework of Reference for Languages (CEFR) band per skill as well as an average score and overall CEFR band.

Many UK boarding schools use this test for screening applicant students

Additional cost £50. Only available to those doing a minimum of 2 weeks.



“

I love Exsportise because I can play tennis and improve my English.

VITTORIO,
STUDENT, ITALY

”

“ Exsportise offer good size classrooms with plenty of natural light, furnished for flexibility of layout and a suitable environment to promote learning.

BRITISH COUNCIL REPORT, 2015

ACCREDITED BY



THE STUDY PROGRAMME

Our study programme is carefully designed to include all learning styles. Our tutorials aim to help students feel at ease, join in and make friends. All lessons are interactive, engaging and fun with a focus on:

- Three hours of English consisting of 4 x 45 minute lessons with a 15 minute break between lessons 2 and 3
- Communication skills - speaking and listening
- Interactive group work
- Pronunciation and fluency
- Grammar
- Study skills
- Presentation skills to increase confidence
- Reading and writing
- Everyday use of English
- Weekly project work including aspects of English and British culture

All of our activities are conducted in English and our multi-national environment means that students will primarily communicate in English throughout their stay.



Average
class size
10



MANY
Nationalities



“

Our English language programme is designed by our Academic Manager to be consistent across all camps, and is managed by a Director of Studies at each site.

”



COURSE DETAILS

- 15 hours of English language tuition each week
- Pre-camp online placement test plus English speaking test on first day at camp
- Focus on spoken English confidence and practical everyday use
- Mixed nationalities
- Ability appropriate groups: A2-C1
- Weekly assessment and progress tracking
- End of course certificate
- Accredited by the BRITISH COUNCIL for the teaching of English
- A Centre of Excellence



English
THROUGH

Specialist Options

At Exsportise we offer a range of Specialist Options designed to complement our classroom English language tuition.

We do this to offer the opportunity for practical use of spoken English in a familiar environment alongside other students with a common interest.

We employ professional coaches and tutors in order to ensure every child makes progress whatever their talent or experience.

Students can choose a Specialist Option that they would like to improve, or one in which they are highly experienced. We cater for all levels of experience at Exsportise.

All students will receive an initial skills assessment and evaluation on their first day at camp. They will then be placed in the optimum group or programme level for them. In order to ensure that all levels are catered for, we send out a pre-camp Specialist Option Questionnaire to parent to assist us.

EXSPORTISE COACHING

We offer a multi ability coaching programme for all Specialist Options which gives students the opportunity to be coached by top level coaches and play with similarly motivated students from around the world. For the more advanced students, we offer an enhanced and intense programme which includes additional aspects of the Specialist Option.

Since 1988 Exsportise's aim has been to offer students the chance to gain access to the best coaching available in order to improve and develop their skills in a professional, fun and energised environment. The two founders of Exsportise have both coached and played at a high level themselves and speak from experience.

15
HOURS

SPECIALIST OPTION
15 hours per week

**ALL
SPECIALIST
OPTIONS
ARE TAUGHT
IN ENGLISH**

NEW
MULTI

CLAYESMORE ONLY
9-14 year olds

**LEARN A
DIFFERENT
SPORT/
ACTIVITY
EACH DAY**



> WE BELIEVE THAT...

proficiency and enjoyment in sports and other pursuits provide an important key to language learning, by involving students in an activity in which they are engaged and in an environment in which they are relaxed.



Specialist Options



Tennis
P18



Golf
P20



Soccer
P22



Hockey
P24



Rugby
P26



Basketball
P28



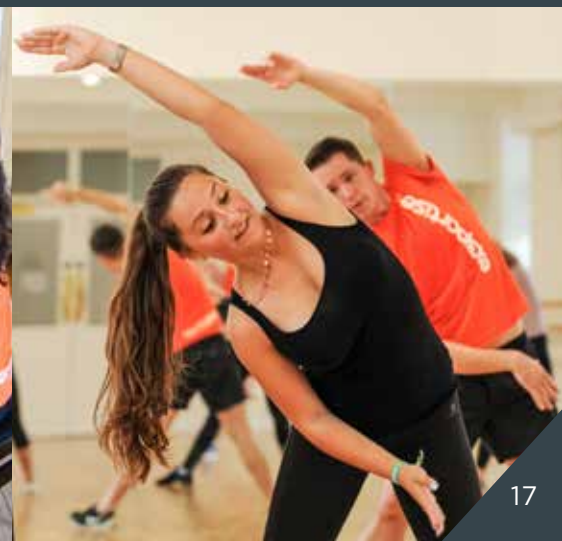
Horse Riding
P30



Music
P32



Dance
P34



English
THROUGH

Tennis

Suitable for all levels of tennis player, Exsportise offers a programme aimed at improving the skill level of every one of its students.

We provide a multi ability tennis programme to ensure that we address the needs of every standard of player. On day 1 of camp, all students are given a skills assessment and placed into the appropriate group.

Our coaching programme covers all physical and mental aspects of the game. We look to improve basic techniques, as well as shot selection and increasing power and consistency. We will cover fitness, agility and overall match play.

For advanced and experienced players we offer a more intense and advanced level of coaching, which may include video analysis, game and match tactics, fitness planning, nutrition and injury prevention.



> OUR OBJECTIVE IS....

to develop players in terms of their skills, fitness, confidence and social enjoyment. English skills develop quickly on the court as players take instruction in English from coaches on individual aspects of their game.





“

Tennis offers many wonderful social opportunities. The ability to walk onto a tennis court with confidence, in a multi national environment is a truly great asset in life.

EXSPORTISE HEAD OF TENNIS

”

**English
THROUGH
Tennis**



COURSE DETAILS

- Suitable for all levels of experience and ability
- LTA and PTR qualified coaches with international playing experience and world rankings
- Core technique including all strokes, shot selection, increasing power and consistency
- Mental aspects of the game including confidence, match and competition practice

FOR ADVANCED PLAYERS:

- Higher intensity coaching and technical assistance
- Opportunity to play on different surfaces
- Video analysis
- Nutrition, fitness, strength and injury prevention
- May include early morning fitness training

 Available at:

OUNDLÉ • CLAYESMORE • SEAFORD • WORTH



**15 HOURS
COACHING**



**MANY
Nationalities**

Average Coaching Ratio

1:6     



English
THROUGH

Golf

Our golf programme is aimed at students of all standards, whether they are seeking to improve their technique and on course performance, or are beginners to the sport.

We provide a multi ability golf programme to ensure that we address the needs of every standard of player. On day 1 of camp, all students are given a skills assessment and placed into the appropriate group or programme.

Our coaching programme covers all aspects of the game including pitching and chipping, bunker play, putting and long game, as well as course management, the rules of golf and etiquette.

For advanced players, those with a single handicap, we offer a more intense and advanced level of coaching, as well as video swing analysis using the latest V1 golf coaching software and Trackman profiling. Players will also be taken off campus to play at some of the more challenging 18-hole golf courses in the area. Fitness, nutrition and injury prevention are also included.

“ The game of golf is wonderful for building character, encouraging integrity and patience.

EXSPORTISE HEAD OF GOLF

”



> THE PROGRAMME IS....

designed and delivered by an experienced team of qualified PGA Golf Professionals and former tour players.



English
THROUGH
Golf

COURSE DETAILS

- Suitable for all levels of ability including beginners
- PGA Coaches and Class A Professionals with European Tour experience
- Dedicated on-site golf facility with 9-hole course and teaching area
- Basic skills including long game, pitching, bunker play, chipping and putting tuition
- On course skills such as course management, rules of golf and etiquette
- Grouping according to ability

FOR ADVANCED PLAYERS:

- More indepth technical coaching through use of swing analysis software
- Video swing analysis and Trackman profiling
- Opportunity to play at 18-hole golf courses in the area
- Must have registered club handicap of less than 10

Available at:

SEAFORD



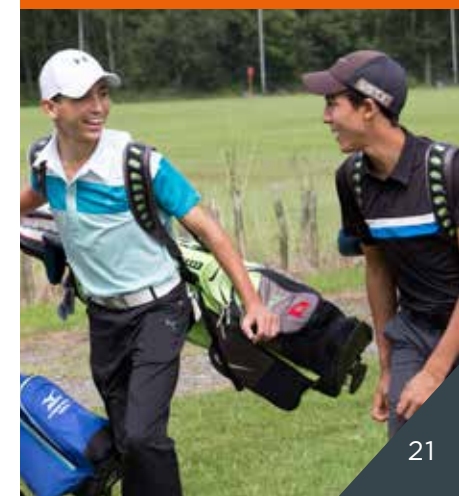
15 HOURS
COACHING



MANY
Nationalities

Average Coaching Ratio

1:5





English
THROUGH

Soccer



At Exsportise we offer soccer in partnership with Arsenal Soccer Schools. The Arsenal philosophy matches our own – to bring out the best in every individual.

We provide a multi ability soccer programme to ensure that we address the needs of every level of player. On day 1 of camp, all students are given a skills assessment and placed into the appropriate group or programme.

Our coaching programme focuses on technical and tactical player development. Small sided games are played under high intensity conditions to improve passing, speed of movement, technique and game understanding.

For advanced and experienced players, we offer a more intense and advanced level of coaching, which may include video analysis, sessions on nutritional advice, injury prevention and fitness.

Exsportise has developed a standardised skills test in partnership with Arsenal Soccer Schools enabling players to identify their own performance goals and areas for improvement.

The skills test is age group specific, and all players will have the opportunity to do the test and compare themselves to all players attending the same course.



HAVE YOU GOT WHAT IT TAKES?

All players will get the opportunity to check their level of skill against their age group peers in the Arsenal/Exsportise Skills Test.





“

LEARN TO PLAY THE ARSENAL WAY

It's all about passing and movement, technique and skill, incorporating the principles of fair play, teamwork, expression and fun.

Arsenal Soccer Schools Philosophy. ARSENAL.COM

”



COURSE CONTENT

- Learn to 'Play the Arsenal Way'
- Designed by Arsenal Soccer Schools and delivered by an Arsenal Soccer Schools head coach
- Suitable for all levels of ability
- Available for boys aged up to 17 and girls aged up to 16
- Skills and drills aimed at improving physical agility, dribbling, turning, passing and receiving, defending, shooting and finishing
- Tactical sessions on patterns of play, phases of play, team shape, counter attacking and pressing
- Arsenal Soccer Schools shirt and drinking bottle
- Excursion to the Emirates Stadium - home of Arsenal Football Club (if staying for 2 or more weeks)

FOR ADVANCED PLAYERS:

- More intensive coaching and technical assistance
- Nutrition, fitness, strength and injury prevention
- Opportunity to be selected to play against a local development team



Available at:

OUNDE • CLAYESMORE • SEAFORD • WORTH



15 HOURS
COACHING



MANY
Nationalities

Average Coaching Ratio

1:10



English
THROUGH

Hockey

Our hockey programme is designed to improve individual skills and knowledge of the game.

We provide a multi ability coaching programme to ensure that we address the needs of every standard of player. On day 1 of camp, all students are given a skills assessment and placed into the appropriate group

Our coaching programme concentrates on physical and technical improvement through drills that emphasize the core skills and knowledge of the game. We play plenty of matches and activities that focus on the enjoyment of the game.

For advanced and experienced players we offer a more intense level of coaching which may include elements of video analysis and theory that promotes a fuller understanding of hockey. Players are challenged to analyse their game, improve their decision making in match play and set objectives for the season ahead.

Exportise courses are attended by young players from top European clubs. This gives students the opportunity and experience to play hockey at a truly international level.



> OUR OBJECTIVE IS....

to send players back to their clubs ready for the new season and motivated to practise with a smile on their face.

EXPORTISE HEAD OF HOCKEY

English
THROUGH
Hockey





“

I love Exsportise because I can learn English and play hockey.

”

EMMA, STUDENT,
THE NETHERLANDS



COURSE DETAILS

- Suitable for all levels of ability
- Full time FIH and EHA qualified coaches with international and Olympic coaching experience
- Focus on technical improvement and core skills of the game, plus fitness, agility, skills and match play
- Fun games and activities

FOR ADVANCED PLAYERS :

- More intense coaching focussing on technique and decision making
- Self analysis and objective setting

 Available at:

SEAFORD • WORTH



15 HOURS
COACHING



MANY
Nationalities

Average Coaching Ratio

1:10 



English
THROUGH

Rugby

FOR BOYS AGED 12 - 16 ONLY
NOT SUITABLE FOR BEGINNERS

Our rugby programme has been developed to meet the needs of every type of rugby player. We take pride in establishing a strong sense of team spirit.

We cover both physical skills and the mental aspect of rugby. This includes ball handling, kicking, tactical aspects of the game, game awareness and strategy. We also focus specifically on teamwork and communication.

Every player is given the chance to lead and take control of training and transfer what they have learnt in an exercise or drill into an actual game situation.

All players will be assessed at the beginning of the programme to ensure that they are appropriately grouped and that real progress will be made.

English skills develop quickly on the pitch as players have to communicate their ideas, needs and opinions to fellow players in a pressurised environment.

Above all, students leave Exsportise with a strong sense of confidence as individuals and as valued rugby players.

“

Our coaches strongly believe that lessons learnt on the pitch should transfer into life, and there is a focus on helping young players to develop into responsible, thoughtful and courteous leaders.

EXSPORTISE HEAD OF RUGBY

”





> OUR OBJECTIVE IS....

to develop players in terms of their skills and fitness, but also their mental attitude and discipline.



English
THROUGH
Rugby



COURSE DETAILS

- Suitable for all levels of ability (except beginners)
- Physical skills including handling, speed, general fitness, creating and attacking space, footwork and kicking
- Technical skills including strategy, game awareness, teamwork and communication
- Mental skills including decision-making, leadership and mental strength

 Available at:

WORTH



15 HOURS
COACHING



MANY
Nationalities

Average Coaching Ratio

1:10

English
THROUGH

Basketball

Our basketball programme is suitable for students who love to play basketball and want to improve their skills. We provide focused, intensive training aimed at improving self-confidence and overall appreciation of the game.

We want students to have fun when playing the game - professional players take the game seriously but also have fun playing.

We aim to build on players' confidence and abilities, and improve their fitness level. We expect students to put in lots of hard work and we aim for all students to leave with at least one

skill that they did not have before they came to the camp. We focus on fitness and agility, basic skills including dribbling and shooting, tactical game play, team work and communication. Every day features small sided games and shooting practice.

All players will be assessed at the beginning of the programme to ensure that real progress will be made.

English
THROUGH
Basketball

> OUR OBJECTIVE IS....

to encourage
teamwork,
co-ordination and
communication.





“

Basketball is an exciting fast paced game. It can keep you fit and healthy and I love the fact that a ball can make a difference in my life.

”

EXPORTISE HEAD
OF BASKETBALL



COURSE DETAILS

- Suitable for all levels of ability
- Focus on fitness and agility
- Core skills and drills including shooting, passing, dribbling, rebounding and defence
- Tactical game play

 Available at:

OUNDL



**15 HOURS
COACHING**



**MANY
Nationalities**

Average Coaching Ratio

1:10 

English
THROUGH

Horse Riding

Our horse riding programme caters for most levels of ability, from those who have limited riding experience, to students who are accomplished riders.

Our team of experienced riding instructors take great care in matching riders and horses, so that during their stay students gain in confidence and riding ability, as well as improve their English language skills in and around the stable yards.

Riders are assessed and, depending on their ability, spend the week receiving tuition in dressage and show jumping, as well as hacking across the beautiful English countryside.

All our training builds towards competition day each Friday, when riders compete in a dressage test and on a show jumping

course (ability specific), starting with poles on the ground and building upwards for the more experienced riders.

A key element of our programme is stable and horse management. It is part of the daily routine and students learn to groom and prepare their horses for riding, as well as studying the names of the equipment they are using and the points of the horse - all in English.

NB: Students require a minimum of one year's riding experience

“

We take great care in matching up our riders and horses so that the children improve both in confidence and riding ability, as well as English language.

EXSPORTISE HEAD RIDING INSTRUCTOR

”

English
THROUGH
Horse Riding





> OUR OBJECTIVE IS...

to enhance students' confidence around horses and in everyday life.



COURSE DETAILS

- Participants require to bring BHS standard helmet and horse riding boots
- UK accredited stables and qualified riding instructors
- Focus on building riding confidence and horse handling including walking, trotting, cantering and riding on uneven terrain
- Training in dressage and show jumping to basic competition level
- Horse management including tacking up, grooming, horse preparation, equipment choice
- Stables conform to the latest UK health and safety regulations
- Advance tutoring in posture and fine control for experienced riders

 Available at:

OUNDLE • CLAYESMORE • WORTH



15 HOURS
TUITION
per week



MANY
Nationalities

Average Coaching Ratio

1:6 

English
THROUGH

Music

Whether students play a musical instrument or like to sing, we have the right music programme for them. At Exsportise students can improve their skills whilst learning alongside talented musicians from around the world.

Our music team are all professional musicians as well as experienced teachers. They are passionate about music and encourage students to express themselves freely whilst having fun.

We offer a generous average teaching ratio of 1:8, which allows our teachers to focus on individual students' strengths and provide them with the attention they require.

Most of our sessions are in groups and include musical games, songwriting and recording. For more experienced musicians, we may supplement with specialist tutorials according to requirements and by pre-arrangement.

With a focus on popular contemporary musical styles such as Pop, Rock, Funk, Soul and Jazz, we aim to inspire students to express their individuality and creativity as well as train them to work together as a band.

At the end of every week, the students perform for the whole camp. Together we choose the songs we love most and rehearse them over the course of the week.

NB: Students require a minimum of one year's instrumental tuition.



> OUR OBJECTIVE IS....

to inspire students to express their individuality and creativity as well as train them to work together as a band.



English
THROUGH
Music



“

We believe that music, like English, is a universal language, but like any language it can only be appreciated by those that will engage with it. By collaborating with other musicians, we offer this opportunity.

”

EXSPORTISE HEAD OF MUSIC



COURSE DETAILS

- Most instruments welcome
- Run by professional musicians and experienced teachers
- Group sessions in a studio environment with individual attention
- Improvisation and collaboration
- Songwriting and recording
- Students choose to do either our vocal course or our instrumental course
- Popular contemporary music styles
- Weekly performances to camp

 Available at:

WORTH • SEAFORD • CLAYESMORE (VOCAL ONLY)



15
HOURS

15 HOURS
TUITION
per week

65+

MANY
Nationalities

Average Teaching Ratio

1:8 

English
THROUGH

Dance

Our dance programme is designed for enthusiastic dancers of any level and dance background. Dancers will experience a varied programme of dance disciplines and styles, such as Jazz, Contemporary and Street.

Led by professional dance tutors, students will develop their fitness level, flexibility, technique and strength as well as performance skills.

Each session starts with a warm up which includes fitness and flexibility training, followed by exercises for technique, choreography and a cool down. Students are taken through exercises to improve dance technique and step execution with correct body alignment and placement. We also encourage students to draw on classical dance principles.

The dance programme is performance driven with an end of week show in front of the whole camp.

All of our teachers are professionals from top performing arts schools in the UK.



“

My dance teacher
is really cool.

ROMANE, STUDENT,
FRANCE

”





**English
THROUGH
Dance**

> OUR OBJECTIVE IS....

for students to leave the course feeling fitter, stronger and more flexible as well as gaining invaluable knowledge for their own dance practices.



COURSE DETAILS

- Suitable for all levels
- Led by professional dance teachers from top performing arts schools
- Focus on fitness levels, flexibility, technique and strength
- Includes performance skills across a multi discipline programme
- Specialist training in dance technique, step execution, body alignment and placement
- Weekly performance to camp

 Available at:

OUNDELE • CLAYESMORE • SEAFORD • WORTH



15 HOURS
TUITION
per week



MANY
Nationalities

Average Coaching Ratio

1:10 



Pastoral Care

STAFF SUPERVISION

Exsportise offers one of the most generous staff to student ratios available. We ensure the safety, happiness and well-being of all of our students, and provide an overall average ratio of one staff member to four students.

All of our staff are police checked and have received Child Protection training with many staff members returning year after year to Exsportise.

All staff are residential and live on site, sleeping in the same houses as our students. Each student is allocated a House Parent upon arrival, who will take care of their welfare and happiness for the duration of their stay.

ARRIVAL AT CAMP

Upon arrival at camp, students will first meet the administrators and medical staff who will check them in before being shown to their rooms. A welcome meeting will then introduce them to Exsportise and our Code of Conduct. They will be given their daily schedule, and take part in activities designed to settle them in quickly and make new friends.

MEDICAL FACILITIES AND ARRANGEMENTS

Each venue has two on-site Medical Officers, as well as trained First Aiders, and is within easy reach of hospitals and medical centres. It is important that we receive accurate medical information before camp.

For further information about Medical Facilities & Arrangements, please refer to our website, www.exsportise.co.uk

NOTE: Parents can access weekly pictures on our secure social media platforms and gallery - passwords will be provided.



Overall staff to student ratio

1:4



House Parents & Welfare Staff oversee
STUDENT WELL-BEING



all staff live on site



on site medical officers



all staff police checked



all staff child protection trained





At Camp

ROOMING/ ACCOMMODATION

Boys and girls have separate sleeping accommodation with House Parents in charge of each boarding house. Most accommodation is in shared rooms or small dormitories with a very limited number of single rooms available.

We try our best to accommodate all room and non-room share requests. These should be made at the time of booking but please note that they cannot be guaranteed.

BEDTIMES

All students must be in bed between 21:30-23:00 depending on age.

MEALTIMES AND FOOD

We provide three nutritious buffet style meals each day as well as packed lunches on days when students are off site or on excursions. All meals are served in each venue's dining hall. All our meals are healthy and nutritious with a wide variety to choose from. Special diets can be catered for by prior request.

SNACKS AND REFRESHMENTS

All of our venues run their own tuck shop in the evenings. Students can buy snacks or drinks. Fresh fruit is available throughout the day free of charge.



EXAMPLE OF THE DAILY MENU

BREAKFAST

Hot Breakfast, Pastries,
Fresh Fruit, Cereal,
Fruit Juice/Milk

LUNCH

Meat, Chicken or Fish Dish
Baked Potato plus Topping
Pasta Bar, Salad Bar
Fresh Vegetables

Fresh Fruit & Yogurt
Dessert

DINNER

Curry Buffet or Fish & Chips
Pasta Bar, Salad Bar
Fresh Vegetables

Fresh Fruit & Yogurt
Dessert

Vegetarian options are always available.
Special diets can be catered for with
advance notice.

Menus will vary from venue to venue.

Internet and Communications

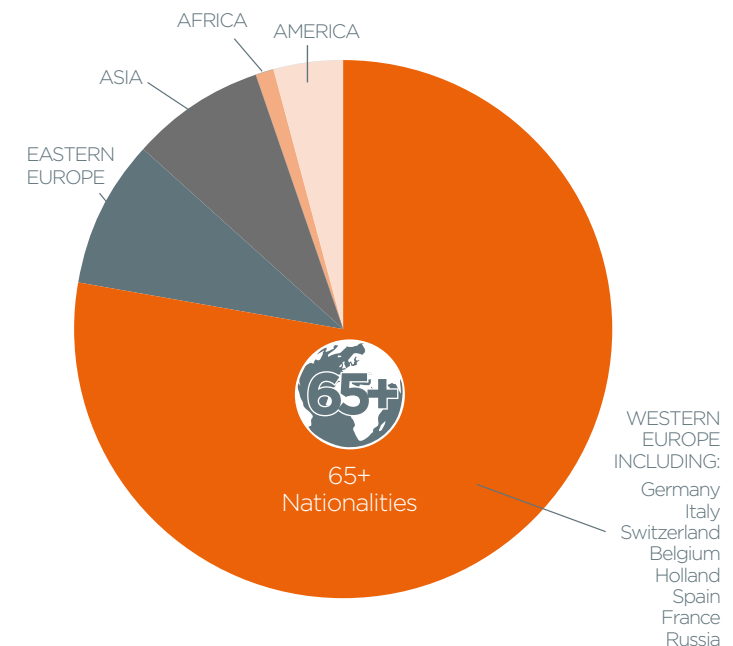
Every school has its own protected Wi-Fi network, where students can log in before or after their lessons to communicate with home. Due to the countryside locations of our centres, the Wi-Fi and telephone signal may sometimes be intermittent. You can always make contact with your child via the Exsportise office at camp.



Nationality Mix

Exsportise welcomes students from all over the world with many different native languages.

This nationality mix is crucial to the success of our camps. We limit the number of students from any one nationality to ensure that English is the primary language spoken. In 2018 we welcomed students from over 65 different countries.





Evening Entertainment & Leisure Facilities

EVENINGS

After a full day of activities, we offer a fun and varied programme of evening entertainment. Our entertainment team plan lots of activities including talent shows, movie nights, team games, scavenger hunts, dodgeball, disco nights and race nights.

This offers everyone at camp a chance to mix and get to know each other better, outside of their English lessons or Specialist Option group.

The students are under the full supervision of Exsportise staff at all times.

LEISURE FACILITIES

All of our venues have comfortable common rooms with televisions and a variety of indoor activities. Swimming pools are also available at some venues and are supervised by qualified lifeguards.

There are large outdoor areas where students can relax with their new friends and play games such as table tennis, table football, short tennis and volleyball.

Various sports equipment is always available for the students to enjoy some informal sports outside of coaching sessions.

Excursions

Students staying for more than one week will be offered two full day excursions every weekend.

CITY VISIT

One of our excursions will consist of a city visit to a place of interest, for example Bath, Brighton, Oxford or Cambridge. Students will get the chance to experience historical British culture, natural attractions and landmarks. They will be offered the chance to do some shopping, relax and have fun.

All excursions are fully supervised by Exsportise staff. Packed lunches will be provided on the day of the excursion. London excursions may also be available at an additional cost, subject to availability.

THEME PARK

Our most popular excursions include those to theme parks such as THORPE PARK or Chessington World of Adventures. Students enjoy a full day of roller coaster fun at one of the UK's fantastic theme parks. It's a great way to relax and enjoy new friendships! With smiles all the way.

Arsenal Soccer Schools students staying for 2 weeks or more are offered the opportunity to visit the Emirates Stadium, home of Arsenal Football Club, including a full tour of the stadium and behind the scenes of an international football club.





“ At Exsportise we believe that if you engage students in activities that they love, they will naturally improve their English language skills. ”



Travel



ACCOMPANIED TRAVEL
from and to international airports
& train station

Exsportise offers an accompanied transfer service from specific London airports and the Eurostar International Railway Station at St Pancras. You are also welcome to bring your child/children to camp yourself.

EXSPORTISE TRANSFER SERVICE

When a transfer is booked with Exsportise, students are met in the Arrivals Hall by an Exsportise representative. For their return journey, students will be checked in and seen through security in time for their flight. Our staff will remain at the airport/station until all flights or trains have departed. Students will be supervised by an Exsportise staff member at all times before security for departures, and after security for arrivals. Please note that UK Border Control does not allow children to wait alone without supervision.

You can choose from two different transfer options. We recommend our Standard Transfer Service wherever possible, as this is the most economical option, and also enables students to settle into camp more quickly.

1. STANDARD TRANSFER SERVICE

In order to keep transfer costs as low as possible, we arrange group pick ups and

drop offs within our stated Standard Arrival and Standard Departure times, at our specified Standard Arrival and Departure Points. Students will be met by an Exsportise representative as soon as they clear Customs and will be transferred to camp as soon as the whole group has arrived. Students will be supervised at all times and will be transferred to camp as soon as possible.* For departures, students will be taken to the airport in plenty of time for their flights.

2. OUT OF HOURS TRANSFER SERVICE

Students arriving outside of our Standard Transfer times can use this service. It is always worth checking whether it is more economical to pay a little bit extra for a flight in order to arrive within the Standard Transfer times to avoid the additional cost of an Out of Hours Transfer. An Exsportise staff member will meet all students in exactly the same way, but students may be transferred individually or as a group depending on other departures and arrivals.

STANDARD ARRIVAL AND DEPARTURE POINTS

We offer our Standard Transfer service from/to the following airports/train station:

OUNDLE

- ✈ London Stansted, London Heathrow
- 🚆 Eurostar St Pancras

SEAFORD

- ✈ London Gatwick, London Heathrow
- 🚆 Eurostar St Pancras

CLAYESMORE

- ✈ London Gatwick, London Heathrow
- 🚆 Eurostar St Pancras

WORTH

- ✈ London Gatwick, London Heathrow
- 🚆 Eurostar St Pancras

STANDARD TRANSFER TIMES



Arrival at airport/Eurostar terminal:
Sundays between 09.00 - 15.00



Departure from airport/Eurostar terminal:
Saturdays between 12.00 - 17.00

Students can only make use of the Standard Transfer if they arrive/depart within the times stated above. UK Border Control (Immigration) may stop any child traveling alone and will only release them into the care of an adult. Therefore, students cannot wait by themselves.

Travel outside of our Standard Arrival and Departure Points and times will be charged on an individual basis.

TRAVELLING DIRECTLY TO CAMP

You may wish to bring your child to camp yourself. You are very welcome to do so but we do ask that you observe the following drop-off and collection times.



ARRIVAL AT
EXSPORTISE VENUE:
Sundays between
15.00 - 16.30



DEPARTURE FROM
EXSPORTISE VENUE:
Saturdays between
09.00 - 11.00

Any student not requiring a transfer arranged by Exsportise must be accompanied by an authorised adult in accordance with the Exsportise Duty of Care.

MINORS TRAVELLING UNACCOMPANIED

If you are concerned about your child travelling without an adult, there are two options available to you. Some airlines (e.g. Ryanair and Easyjet) also have a minimum age at which a child is allowed to travel unaccompanied, so it is important to check this information before booking.

AIRLINE UNACCOMPANIED MINOR (UM) SERVICE

In this case the airline will provide a member of staff who will be responsible for your child during their journey. You will hand your child over to the airline, who will ensure that they are looked after throughout their time at the airport, during their flight, and handed to an Exsportise staff member upon arrival.

Not all airlines provide this service and different rules and age limits apply, so please check with your airline. You will need to book this service with your airline yourself.

* Airports are extremely busy during the summer which means there can be long delays for our transport to reach the pick up zones at the terminals. Unfortunately, this is outside of our control but students will be supervised at all times.

PRIOR TO TRAVEL

1. Check local requirements for children travelling without their parents or legal guardian – each country has specific requirements and may require written consent and/or identity documents.
2. Check visa and health insurance requirements, and that your child has a valid passport. (EU residents should have a valid EHIC card).
3. Book travel and confirm details and transfer requirements to Exsportise as soon as possible.
4. If you are using an Unaccompanied Minor Service, complete the UM form provided by your airline for both journeys.
5. Complete the Exsportise Parental Consent Form and store it with your child's other travel documents. This must be with your child at the time of their travel.

Choosing the Right Course



All of our centres offer something different, and have a varied range of Specialist Options available. If you would like more information to assist you with your decision, please do not hesitate to contact us.



**15 HOURS ENGLISH
+
15 HOURS OF
ONE SPECIALIST
OPTION**
per week

ENGLISH LANGUAGE PLUS

Our English Language Plus programme is our most popular as it forms the foundation on which our language programme is built. The combination of English language classes and the ability to put that theory into practice through a familiar and enjoyable activity, is a very successful formula. With three hours of English and three hours of one chosen Specialist Option each week day, there is an opportunity for real improvement in both aspects.



**15 HOURS OF ONE
SPECIALIST OPTION
+
15 HOURS OF
A SECOND
SPECIALIST OPTION**
per week

TWO SPECIALIST OPTION PROGRAMME

For those that thrive more on practical application than classroom learning, this programme may be the better choice especially if their main language requirement is practical everyday use of English. This programme consists of three hours of one Specialist Option in the morning and three hours in another in the afternoon each week day.



**30 HOURS OF ONE
SPECIALIST OPTION**
per week

ONE SPECIALIST OPTION PROGRAMME

For those with a true passion for a particular sport, they may wish to choose this programme. This offers three hours in the morning and three hours in the afternoon of one chosen Specialist Option - that is 30 hours of coaching a week. This programme is available for Golf and Arsenal Soccer only.



**15 HOURS ENGLISH
+
15 HOURS OF
MULTI ACTIVITIES**
per week

ENGLISH LANGUAGE PLUS MULTI SPORT (CLAYESMORE ONLY)

For those youngsters who are not yet ready to specialise in a single activity all week. The course will allow students to have a go at many different activities during the week and each day time will be spent developing fundamental skills required for future specialist activity choices.

Booking Conditions

THE SMALL PRINT

Booking responsibility: Responsibility for the details of bookings and for payments lies with the person making the initial booking.

Confirmation and payment of deposit: When we receive your booking and appropriate deposit payment we will send you an email confirming your child's place with a statement showing details of your child's course, plus your insurance certificate if applicable.

Payment of the balance: The balance must be paid by debit/credit card, by 1 May 2019. The amount is non-refundable and is your acceptance of the booking conditions. If payment is not received before the course start date, we may refuse entry to the course and may also withhold a cancellation fee (see below). If you book less than 10 weeks before the camp starts you must pay the full amount before your booking will be accepted.

Administration charge: If you change your booking after the initial confirmation, we may charge a £25 fee.

Cancellation: If you cancel your booking, all or part of your payment will be forfeited to cover our costs:

- Over 44 days before: Loss of deposit £150 per week
- 30-44 days before: Loss of 50% of full course fee
- Less than 30 days before (or once course has started): Loss of 100% of full course fee.

We pay no compensation or refunds if we cancel or change a course because of war, strikes, technical problems with transportation, weather or any other event outside the control of the company. **We do not offer any refund for home sickness.**

If a visa application is rejected and we receive written evidence prior to arrival, we will refund the fees received in full. Where we received this evidence, the refund will be paid to you within four weeks of your providing us with the bank details and signed authorisation that the refund should be paid to the account.

Negligence: We accept responsibility for those course elements under our direct control, if caused by proven negligence of Exsportise or its employees. We cannot accept responsibility for loss of enjoyment due to travel, strikes, weather, loss or damage to luggage or personal property, personal injury or illness while on the course, including use of sub-contractors such as transport companies.

Programme changes: We always try to fulfil the requirements given on your booking form, but we reserve the right to alter or cancel any courses, accommodation and other arrangements that are in our control. We reserve the right to cancel a course in case of insufficient numbers and aim to offer you a suitable alternative.

Students may be taken off-site during the course of their coaching or teaching programme (e.g. visits to local museums, matches against local sports teams etc).

Incompatibility: We reserve the right to exclude or refuse any person at any time prior to or during the activity or course if, in our opinion, that person is not compatible with the general enjoyment and well being of other students or the satisfactory administration of the activity or course. If so, we will not refund the cost of the course. All students are subject to the course rules laid out in the final Information Pack. Any breach of rules may result in students being sent home at their own expense.

Compensation: In the unlikely event that a student experiences a problem or difficulty while at camp, the matter should be reported immediately to the Centre Manager who has the authority and direct knowledge to deal with most queries. If he or she fails to solve the problem to your satisfaction, then write to us at our **Head Office within 10 days of your child leaving camp. We will only consider compensating a complaint if both these conditions are met.**

Disclosure: Exsportise require full information about an applicant's medical, physical or behavioural conditions at the time of booking, (so that Exsportise can assess their ability to provide a properly safe environment for the applicant). Exsportise cannot accept liability for or responsibility for a student, and reserve the right to send a student home immediately with no refund of fees, if parents fail to disclose full information about medical, physical or behavioural conditions.

We reserve the right to send a student home if non disclosed medical, physical or mental issues, make the participation or our supervision on the booked course impossible and we will not be liable for a refund.

Disclaimer: The charge per week is inclusive of VAT (20% at the time of going to print). We guarantee not to increase our course charges unless there is an increase in VAT, in which case the increase shall only cover this additional tax. The details in this brochure are published in good faith as of October 2018. This brochure is the responsibility of the company. It is not issued on behalf of any other centres used by the company (Exsportise Ltd).



“

I saw several videos of my daughter's English class and I was impressed by the teaching methods and the relaxed and friendly and at the same time highly concentrated learning atmosphere. Wow. Teachers from over here should go to Exsportise and see how to get things done.

”

ANNE, MOTHER OF PHILIPPA, GERMANY

“

At Exsportise we believe that if you engage students in activities that they love, they will naturally improve their English language skills.”



exsportise
ENGLISH THROUGH SPORT



Per info e prenotazioni contattare Indirizzio Inghilterra
info@indirizzioinghilterra - tel 070 7265121



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