

# SEMIANNUAL INTERNATIONAL FOOTBALL ACADEMY MSM



Dreaming of a professional football career?  
Or just cannot imagine your life without football?



There is a unique program specially developed for you by the International Union of Youth that will help to prepare for admission to leading universities of the Czech Republic and, most importantly, to become a successful football player!



**INTERNATIONAL FOOTBALL ACADEMY MSM IS  
YOUR REAL CHANCE TO START A FOOTBALL  
CAREER IN EUROPE!**



The program was developed in conjunction with the Football Association of the Czech Republic and AC "Sparta Prague" with the assistance of SK "Slavia Prague", "Sparta Prague", "Admira Prague". Our players have training on natural and artificial grass fields, for which the experts provide high quality care every day, preparing it for training and games. A lot of prominent partners wishing to continue fruitful cooperation in the future have joined us during the years of excellent work of the International Football Academy MSM. Among them are: the Football Association of the Czech Republic, the Prague Football Association, the NIKE company, worldwide known chain of fitness centers World Class, the official representative of Jaguar and Land Rover vehicles in the Czech Republic.

Semiannual program is designed in such a way that intense athletic training (classes at the farm club of "Prague's Slavia" - the football club Admira) is combined with the study of the Czech and English languages on the basis of one of the best European universities - CUA.

The correct rational balance between sports and studies is closely monitored. Graduates enter the leading universities in Europe upon successful completion of the educational program, and successful athletes will be able to sign contracts with the leading clubs of the Czech Republic and Europe and become professional football players. The training process of players of the International Football Academy MSM is monitored by experts, carefully selecting the potential candidates to sign professional contracts.

It is important for professional athletes to have the best professional equipment, so the cost of the program includes:

- One set of uniform (for training),
- Two sets of uniform (for playing) during the stay at the Academy,
- One sports football suit,
- A bag.

### Program Partners:



**THE COMBINATION OF YOUR TALENT, AMBITION AND DILIGENCE IS THE KEY FACTOR IN A SUCCESSFUL FOOTBALL CAREER AT THE EUROPEAN FOOTBALL SCENE.**



# 10 REASONS TO GO TO THE INTERNATIONAL FOOTBALL ACADEMY MSM

1 Coaches of the Football Academy are professionals who have knowledge of pedagogy, psychology, physical training, as well as ample work and football playing experience at the highest level (Martin Frydek, coach of the Academy - a former player of "Sparta Prague", club "Bayer" (Leverkusen, Germany), former coach of "Sparta Prague").

2 Football training, games and tactical exercises are conducted using the infrastructure of the Football Association of the Czech Republic, AC "Sparta Prague", "Admira Prague".

3 The presence of European selection experts and coaches in our academy gives participants a unique chance to get noticed in the future, and later to be able to start a professional career at European football clubs.

4 You will be playing in official leagues matches in the Czech Republic, local tournaments, and also most likely to participate in international tournaments

5 You will have the opportunity to have a higher education in Europe, in the Czech Republic, where free education in the Czech language is offered in public universities.



# 10 REASONS TO GO TO THE INTERNATIONAL FOOTBALL ACADEMY MSM

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You will improve your English. Classes are held in one of the best language schools in Prague – the MSM Academy with native English speaker teaching. If you are going to build an international football career, you will not be able to do so without English.

7

You will get acquainted with the standards of European football and get invaluable international experience.

8

Intense attractions and entertainment program – an opportunity to carry out even leisure activities with profitable use.

9

The program is supported by the Football Association of the Czech Republic, the Football Association of Prague, Moscow and Kiev, as well as with the support of the best football clubs in the Czech Republic - Sparta, Slavia, Admira.

10

There will be a World Class membership card issued for all participants in the Academy for the entire football season. Players will be able to take advantage of the fitness center: workout room, gymnasium, swimming pool, jacuzzi, sauna.



The International Football Academy MSM meets the highest standards of modern sports. Supporting team spirit and the application of individual approach to each participant are the special features of our programs, ensuring the success of both novice players and experienced professionals. We are equally concerned about a high level of training process and achieving the best possible results. Therefore, football training in Europe is carried out by athletes who have played in famous clubs at the highest level and have gone through professional problems of this sport.

The physical qualities and technical skills will be continuously improved, and besides, young people will be able to replenish its arsenal by techniques that will help them to gain a bright victory. More accurate kicks and passes, high-speed response to the situation that has developed in the field - all these important details will be worked out with each training session.

### Features of training:

- Much attention is paid to safety, so the players feel more confident and can maneuver between opponents on the field.
- Much attention will be paid to the development of coordination features in order that all the technical elements are properly mastered.
- A special set of exercises was designed to improve the jump and speed-strength qualities of athletes.
- Emphasis will be placed on endurance and speed of muscles and ligaments that are involved when kicking the ball. This will develop a strong player who will definitely withstand the stress of the match.
- The issues of motivation and mental training will certainly be addressed. Therefore, athletes who have been training for football in the Czech Republic feel much more confident on the field and apply more responsible approach to training.

**AN EXCELLENT OPPORTUNITY NOT ONLY TO IMPROVE YOUR SKILLS, BUT ALSO GET YOUR OWN TICKET TO PROFESSIONAL SPORTS.**

2019-2020 prices: Whole year starting 20/09 Euro 4900; semester from 15/01/2020 Euro 3700. Programme ends 7th June. Accommodation €250 monthly

### Contacts:

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### Websites: