

DICKER

Ages 12–17



Intensive Dance
English Skills
Final Performance
Large, homely
campus

Dicker, home of Bede's Senior School, is based in a small village in the middle of the South Downs, surrounded by beautiful countryside.

Designed to reflect the feeling of life in a rural community, the spacious campus offers accommodation for up to 250 students and has five boarding houses that inspire a sense of community and belonging.

PROGRAMME

This intensive Dance and English course includes 17 hours of dance and 12½ hours of English tuition per week.

ACCOMMODATION

Dicker offers accommodation on campus for boys and girls. Most bedrooms have 2–4 beds with shared bathrooms. Every boarding house has its own communal space for students to relax.

FACILITIES

The facilities at Dicker include a large modern sports hall, swimming pool, gym, squash and tennis courts, Astroturf, football and cricket pitches, dance studios, drama theatre, IT suites and art studios.

DICKER IS STRICTLY A NO SMOKING CENTRE

CARE

Bede's staff are available on campus 24 hours per day and provide an excellent welfare service to students. A staff:student ratio of 1:5 is guaranteed. There is a Welfare Manager and a team of dedicated House Parents to look after students' personal needs, a surgery led by a qualified nurse several times a week and access to a local doctor if required.

SERVICES

The internet is available and there is an extensive Wi-Fi network across the campus. Students can Skype and make and receive telephone calls during their free time. A traditional English village shop is available for refreshments and snacks, stocking a wide range of locally sourced foods. A laundry service is provided for students at least twice a week. There is a 24-hour emergency contact service for parents.

LOCATION

London: 68 miles/109 km
LGW: 44 miles/70 km
LHR: 82 miles/133 km
STN: 86 miles/139 km

AGES	12–17
CENTRE CAPACITY	250
PRO DANCE CAPACITY	20
ENGLISH LESSONS	12½ hours per week
DANCE LESSONS	17 hours per week
MINIMUM LEVEL	A1–A2 (Elementary)
CLASS SIZE	14
TYPICAL BEDS PER ROOM	2–4 beds*
WI-FI	Yes
STAFF:STUDENT RATIO	1:5
SPECIALITY	Intensive Dance

*Some smaller or larger bedrooms may be available.

TRAINING

PRO DANCE

COURSE DESCRIPTION

This intensive and exclusive Dance course, delivered by the ex-ballet dancer and industry professional Mr Paul Liburd MBE, helps students to develop their technical dance (ballet and contemporary), choreographic and performance skills. Throughout the course, dancers also improve their creativity and critical thinking.

DANCE LEVEL

This course is open to students who are trained in Classical Ballet/Contemporary Dance from intermediate to advanced levels.

DANCE INSTRUCTOR

Paul Liburd is a former member of London Contemporary Dance Theatre, Rambert Dance Company and Scottish Ballet as a soloist and he has danced works by some of the world's most prominent contemporary-modern choreographers.

His awards include the Cosmopolitan/School Award in 1985, the BBC Yorkshire Black Achievers Award 1992, Critic's Circle Award for Outstanding Male Dancer 2004 (Contemporary) and Critics Circle National Dance Award 2009 (The Dancing Times Award for Best Male Dancer). He was awarded the MBE (Member of the Order of the British Empire) in 2009 for services to Dance.

After retiring from performing, Paul has taught at a number of UK and international dance schools including the Legat School of Dance at Bede's School. At present, he is teaching at Rambert School of Ballet and Contemporary Dance and London Studio Centre.

COURSE CONTENT

Pro Dance students receive at least 17 hours of dance training per week. The core programme includes classical ballet, contemporary and choreography. Alongside the core programme, students receive Pilates, conditioning, fitness sessions and improvisation sessions.

Classical Ballet

Focuses on musicality, strength, alignment, extension, travelling, jumps.

Contemporary

Exploration of various Contemporary Dance techniques.

Choreography

Students learn the choreographic tools needed to create their own dance routines.

METHODOLOGY

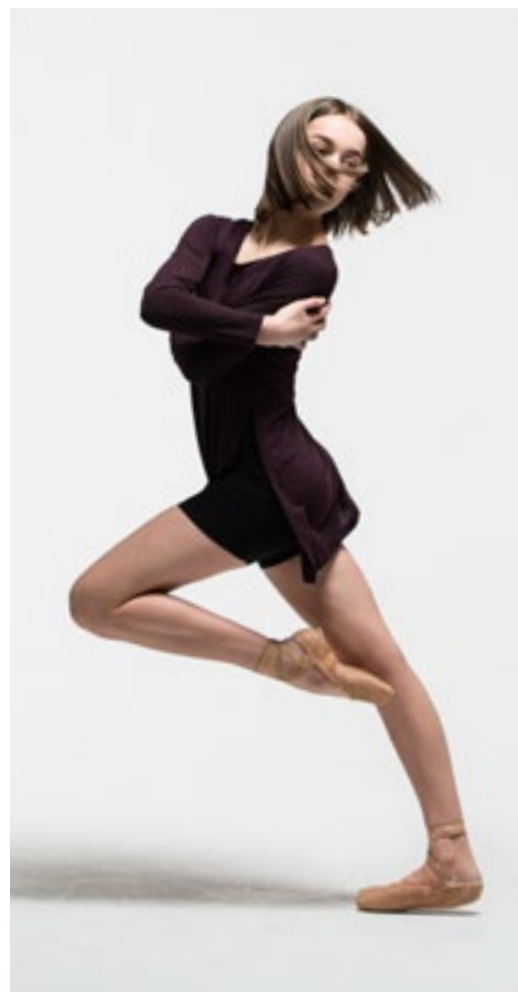
Training is delivered in a group of up to 20 dancers, who receive both individual and group training, in line with the philosophy of learning academic dance concepts through practical sessions.

LIVE PIANIST

There will be a live pianist for the technical dance training sessions.

FINAL PERFORMANCE

On the last Friday, students will perform a demonstration and sharing of the work covered in both Classical Ballet and Contemporary training sessions in front of an audience. The performance will include new choreography, created in participation with the students during the course.



ACADEMIC

PRO DANCE

ENGLISH SKILLS

There are 12½ hours of English Skills lessons per week. Pro Dance students join English Plus students. These lessons are designed to improve students' general language skills, extend their vocabulary and better their understanding of grammar to improve accuracy when producing spoken and written English.

PLACEMENT TEST

The placement test on arrival will place students into classes based on two criteria: their English level and their age. As much as possible, classes will have a mixture of nationalities.

LEVELS

We offer six levels from A1–A2 (Elementary) to C2 (Proficiency). We cannot accept Complete Beginners or Beginners on this course.

SYLLABUS

Bede's syllabus offers varied, current and relevant topics to engage, motivate and inspire students. The syllabus is tailored to students' ages, needs and interests to ensure efficient learning.

METHODOLOGY

Teachers are suitably qualified according to the criteria of Accreditation UK and use a communicative methodology where students participate actively in enjoyable activities to encourage confidence to speak more fluently.

PROGRESS TEST

Progress tests are carried out by the teachers at the end of each week to monitor and review students' progress and make any necessary adjustments for the following week.

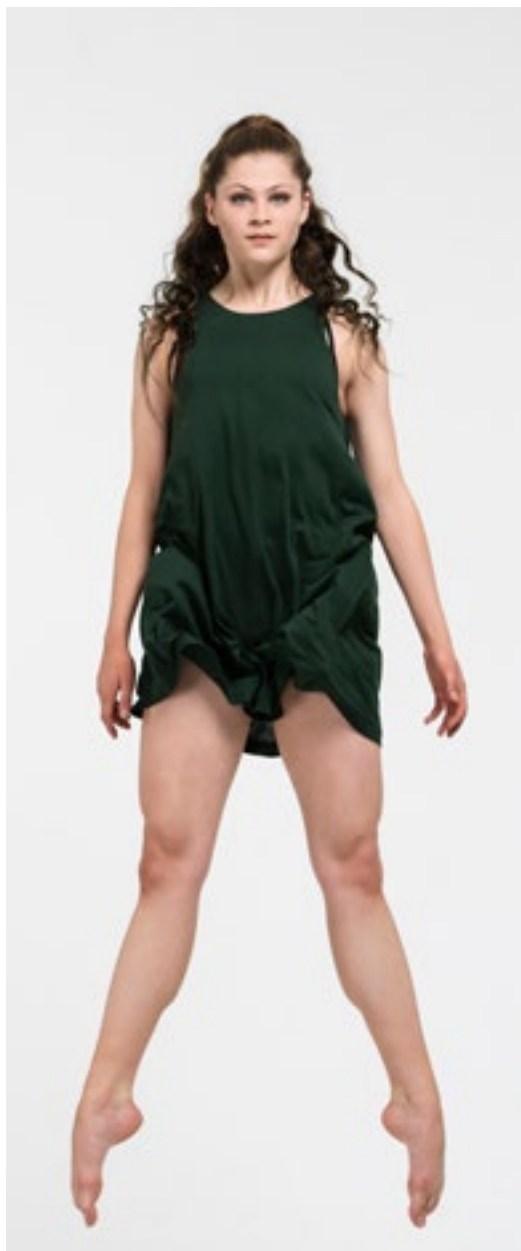
TUTORIALS

Tutorials are available on Friday afternoons, giving students the opportunity to discuss their academic progress.

OUTCOMES

Students leave with their Bede's Course Folder containing a course certificate, academic report and their own portfolio of school work. We present awards in our Leavers' Ceremony, not just for academic achievement, but also to recognise effort and improvement.





SOCIAL EVENTS (EVENINGS)

A full programme of organised and supervised social events is offered every evening to enable students to make new friends and develop their social skills. By actively encouraging the mixing of nationalities, we help to create a harmonious, international community in which students can safely and comfortably live, study and enjoy themselves.

Social events can include:

Bede's Got Talent	Formal Dinner & Dance	Messy Games
Disco	House Competitions	Music Quiz
Fashion Show	Karaoke	Pool Party

EXCURSIONS & TRIPS

Excursions are a mandatory part of the programme. We offer students the opportunity to visit places of cultural and historical interest, as well as the chance for sightseeing, shopping and amusement.

Wednesdays

Wednesday trips are a half-day afternoon/evening visit and involve visiting a local place of interest in a nearby town, such as:

Adventure Golf	Country Park	Pier
Beach Volleyball	Indoor Rock Climbing	Skating
Castle	Museum	Street Markets

Saturdays

Saturday excursions are a full-day trip and include a cultural, touristic or recreational visit to London or another place of interest such as:

British Museum	Madame Tussauds	Shard
Buckingham Palace	National Gallery	Thorpe Park
London Dungeon	National Portrait Gallery	Tower of London
London Eye	Natural History Museum	West End Musical
London Zoo	Science Museum	Westminster Abbey

A sightseeing option in London is offered every week.

Sundays

Sunday excursions are often more relaxing trips to a local seaside town, such as Brighton, Chichester, Eastbourne, Hastings or Worthing, where students can walk along the beach, have lunch in the park or do some shopping. Sometimes students will take part in off-site activities.


TYPICAL WEEK

PRO DANCE

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	
07.15	Wake up	Wake up	Wake up	Wake up	Wake up	Wake up	Lie-in	
07.45	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast		
08.30	Student Meeting	Student Meeting	Student Meeting	Student Meeting	Student Meeting	Student Meeting	Wake up	
08.45	ENGLISH SKILLS 1 SOCIALISING Grammar: Different types of questions, question tags, pronouns. Vocabulary: Disappointing, upsetting, frustrating, breaking the ice, to recognise somebody, to join in. Quiz and group discussion.	ENGLISH SKILLS 1 CHALLENGES Grammar: Present Perfect and Past Simple, linking words, prepositions. Vocabulary: Sports, countries, geographical features. Class Survey: Extreme sports.	ENGLISH SKILLS 1 CELEBRATIONS Grammar: Comparative and superlative adjectives, should, ought to, verb+prep+gerund. Vocabulary: Festivals, Carnivals, adjectives, music, town facilities. Watching sketches about Carnival celebrations.	ENGLISH SKILLS 1 TECHNOLOGY Grammar: Giving opinions, asking for opinions, Future Perfect. Vocabulary: Gadgets, computer games, technology. Questionnaire about technology: True or false.	ENGLISH SKILLS 1 Reading: "Invention: a new computer game". Writing an article: pros and cons. Discussion: The best computer game and why.	EXCURSION OPTION 1 London Bridge Experience & Tombs or Tower of London Students will either visit the London Bridge Experience & Tombs for a historical adventure or enjoy a cultural exploration of the Tower of London. London Bridge Experience & Tombs • Queen Boudica's Iceni Tribe • Tales of the Roman Army • Jack the Ripper • Medieval life • Great Fire of London Tower of London • The Crown Jewels • The White Tower • Fortress • Henry VIII's Armour In the afternoon students will walk along the South Bank and have the opportunity for free time shopping in one of London's biggest shopping complexes. EXCURSION OPTION 2 A full day of sightseeing in London which may include a walking or bus tour to see the following buildings/locations: • Big Ben • Buckingham Palace • Changing of the Guard • Covent Garden • 10 Downing Street • Harrods • Houses of Parliament • Oxford Street • Piccadilly Circus • Regent Street • South Bank • Trafalgar Square		
10.00	Break + Snack	Break + Snack	Break + Snack	Break + Snack	Break + Snack			09.00 Breakfast
10.15	ENGLISH SKILLS 2 Listening: Keeping a conversation going. Reading: Starting a new conversation techniques. Practice in pairs. Act out for the class. Dramatisation: In the swimming gala.	ENGLISH SKILLS 2 Reading an article about "A backpacking trip" and sharing our own experience with our partner. Writing an entry in a blog about my personal experience.	ENGLISH SKILLS 2 Festivals in my country: What we should and shouldn't do. Group Work: Festivals in England: Halloween, Bonfire Night, Remembrance Day. Research and present.	ENGLISH SKILLS 2 IN THE DINING HALL Vocabulary: Cabbage, fry-up, scones, beetroot. Expressions: I wonder what's on the menu today? I'd better give this seat up. I'm (stuffed/starving).	ENGLISH SKILLS 2 Progress Test			09.45 Student Meeting
11.30	Break	Break	Break	Break	Break		EXCURSION Eastbourne Airbourne Students will experience Eastbourne's International Airshow voted Tourism Event of the Year 2015/16. Attractions include: • Two-mile flying display line • Best military and civilian aviation display teams including the Red Arrows, Typhoon and the Battle of Britain Memorial Flight • Military exhibitions, simulators, Zipwires, Climbing Wall • Live music on the beach Students eat a picnic lunch on the beach and will have the opportunity to visit the pier and shopping.	
12.00	CONDITIONING/PILATES	CONDITIONING/PILATES	Free Time	CONDITIONING/PILATES	CONDITIONING/PILATES			
12.45	Lunch	Lunch	Lunch	Lunch	Lunch			
13.30	CLASSICAL BALLET TECHNIQUE	CLASSICAL BALLET TECHNIQUE		13.45 Student Meeting	CLASSICAL BALLET TECHNIQUE	CLASSICAL BALLET TECHNIQUE		
14.30	CONTEMPORARY TECHNIQUE	CONTEMPORARY TECHNIQUE	14.00 TRIP Skate School Students will be given skating tuition preparing them to be able to roll around with their friends at the roller disco run by local skating instructors.	CONTEMPORARY TECHNIQUE	CONTEMPORARY TECHNIQUE			
15.30	Break	Break	A picnic dinner will be eaten within the grounds followed by team games and activities.	Break	Break			
16.00	CREATIVE/CHOREOGRAPHY	CREATIVE/CHOREOGRAPHY		CREATIVE/CHOREOGRAPHY	CREATIVE/CHOREOGRAPHY			
17.30	Free Time	Free Time		Free Time	Tutorials			
18.00	Dinner	Dinner		Dinner				
19.00	Student Meeting	Student Meeting		Student Meeting	Student Meeting	Dinner		
19.15	SOCIAL EVENTS Karaoke or Soft Ball Sports	SOCIAL EVENTS Pool Party or Musical Workshop		SOCIAL EVENTS Quiz or Tennis	SOCIAL EVENTS Leavers' Ceremony and Disco	20.00 Free Time		
21.00	Free Time + Snack	Free Time + Snack	Free Time + Snack	Free Time + Snack	Free Time + Snack		SOCIAL EVENTS Welcome Games and Activities	
21.45	House Meeting	House Meeting	House Meeting	House Meeting	House Meeting	House Meeting	House Meeting	
22.00	House Time	House Time	House Time	House Time	House Time	House Time	House Time	
22.30	Bedtime	Bedtime	Bedtime	Bedtime	Bedtime	Bedtime	Bedtime	

This is an example timetable for illustrative purposes only.



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