

The addiction to fighting draws from a perception of the world as composed of enemies: indifferent forces of nature tending toward entropy, and hostile competitors seeking to further their reproductive or economic self-interest over our own.

In a world of competitors, well-being comes through domination. In a world of random natural forces, well-being comes through control.

War is the mentality of control in its most extreme form. Kill the enemy — the weeds, the pests, the terrorists, the germs — and the problem is solved once and for all.

Except that it never is.

Charles Eisenstein