# Courses which integrate 21st Century skills

Learning English isn't just about learning a language. At **WSE**, we don't just teach English. We prepare our students for life in an international world. The intercultural skills that our students need to thrive and succeed go beyond language. Several skills have been identified as crucial to succeeding in academia, business and life, and we incorporate these into every part of our programmes.

But perhaps the most important aspect of studying at WSE is that you will meet people from all over the world, with different lives, different families, different customs and traditions. You will explore not only UK culture, but cultures around the world. You will live, work and play together, in class, in our homestays and student houses, and on our busy social activity programme. There is no better teacher than experience (although we think our teachers are the best!), and the experience you gain at WSE will give you the tools you need to be the best you can be, in an international environment.

#### Academic Skills

These skills will be developed during your course through various activities which integrate several skills, such as:

- Group work negotiation and communication
- Research time management, critical thinking
- Writing essays critical thinking, planning, organisation
- · Presentations public speaking, confidence
- Project work creativity, negotiation, problem-solving
- Discussion activities cultural awareness, empathy

#### **Learner Training**

As a student, you will be trained in how to maximise your productivity and effectiveness as a learner, through:

- Monthly individual tutorials with your teacher
- Setting monthly personal study goals
- Dedicated study skills training in class, such as understanding and using your individual learning style
- Learning about and practising successful study methods
- Individual advice from our study centre manager and access to our popular study centre

### Well-Being

We think our students' well-being is our top priority so we provide:

- Regular mindfulness sessions for students
- Dedicated mental health officer for students
- Emergency access to support available 24/7
- Open door policy for students in all departments
- Access to counselling services
- Help with access to medical treatment

## Soft Skills

Additionally, each course includes elements of specific soft skills training, such as:

- Developing adaptability
- Improving time management
- Exploring aspects of effective communication
- Improving problem solving strategies
- Developing digital literacy through case studies and experiential activities

