

## Sports Option

Individual homestay participants pursue a particular interest during their homestay with the Sports Program. This includes group or individualized instruction and practice in a specific recreational area of interest with American Teens. Assistance with transportation arrangements for participant (car pool or public transportation) is included. Sports opportunities vary by location and dates.

**Denver - Kansas City - Minneapolis - Salt Lake City - San Diego** (*surfing only*) - **Spokane**

Program options include, but are not limited to:

- BASKETBALL
- MOUNTAIN BIKING
- CAMP—YMCA YOUTH
- SPACE CAMP (Denver and Kansas City only)
- FISHING
- GOLF
- GYMNASTICS
- HORSE RIDING
- ICE SKATING
- PADDLE BOARDING - KAYAKING
- ROCK CLIMBING
- SKIING, SNOWBOARDING
- SOCCER/FOOTBALL
- SURFING CAMP (San Diego only)
- TENNIS
- OTHER OPTIONS available upon request



## Arts Option

Individual homestay participants pursue a particular interest during their homestay with the Arts Program. This includes group or individualized instruction and practice in a specific recreational area of interest with American Teens. Assistance with transportation arrangements for participant (car pool or public transportation) is included. Arts opportunities vary by location and dates.

### Denver - Kansas City - Minneapolis - Salt Lake City - Spokane

Program options include, but are not limited to:

- DANCE
- DRAMA
- MUSIC
- VISUAL ARTS
- OTHER OPTIONS available upon request

## Recreation Pass Option

Individual homestay participants pursue a particular interest during their homestay with the Recreation Program. This includes a variety of leisure options including swimming, basketball and other court games, outdoor activities including tennis etc. This is a great opportunity to meet American Teens. Assistance with transportation arrangements for participant (car pool or public transportation) is included. Recreation opportunities vary by location and dates.

### Denver - Houston - Kansas City - Minneapolis - Salt Lake City - Spokane - Richmond

Program options include, but are not limited to:

- RECREATION CENTER: swimming pool, gym, indoor and outdoor courts
- AMUSEMENT PARK
- WATER PARK
- SKATEBOARD or BMX PARK
- OTHER OPTIONS available upon request

